





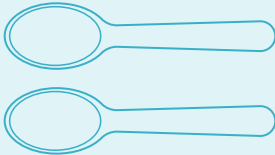



PROTEIN SUPPLEMENTATION DOESN'T NEED TO COME FROM A SHAKER BOTTLE.

ISOPURE®

Many conditions have increased protein needs and it can be hard to meet higher protein goals with food alone

When supplementing protein, adding 25g of protein over the course of a day doesn't need to come all at once. Adding small amounts to different foods and beverages over the course of the day allows flexibility for people to fill their protein needs how they want.

One scoop of ISOPURE® Protein Powder helps fill the gap with 20-25 grams of protein

<p>1 teaspoon (1.5g protein) Coffee, tea, juice</p>		
<p>1 tablespoon (5g protein) Mashed vegetables (potatoes, sweet potatoes, or cauliflower), scrambled eggs, oatmeal</p>		
<p>2 tablespoons (10g protein) Sauces (pasta, alfredo, cheese, etc.), prepared pudding, casseroles</p>		
<p>½ scoop (12.5g protein) Soups (cream or broth-based), cream-based salad dressings, hummus, regular yogurt</p>		
<p>1 scoop (25g protein) Smoothies, protein shakes with added fruit or vegetables</p>	